



DINNER MENU

Available Monday – Friday

Build Your Own Dinner @\$85.00 including delivery

(YOU MUST ORDER BY 1.30 P.M. – CALL/WHATS APP/TEXT 39SMART/397-6278)

Special Note – On FRIDAYS ORDER CUT OFF TIME IS 12.30 P.M.)

Choice of Chicken/Beef/Fish/Shrimp/Vegetarian option with any one sauce & one side option.

All combinations come with Chef's salad.

Sauce Options:

- Mushroom Garlic Sauce
- Orange Ginger Soy
- Kale Pesto
- Lemon Butter

Side Options:

- Whole Wheat Penne and Broccoli Salad
- Baked Potato with Sour Cream, Butter and scallions
- Savoury Vegetable Brown Rice
- Couscous with seasonal vegetables
- Quinoa with seasonal vegetables
- Chinese Style Rice Noodles with vegetables

Protein Options:

1. Grilled or Pan-Seared Chicken, Beef, Salmon or Shrimp with any sauce option
2. Chinese Style Chicken or Beef with Peppers
3. Vegetarian Loaf with choice of sauce
4. Stuffed Eggplant
5. Tofu or Edamame – Chinese Style or with your choice of sauce

Additional Meal Options

Chicken, Beef or Vegetable Lasagna w. Italian Side Salad

Spaghetti w. Chicken/Beef Meatballs w. Marinara Sauce & Italian Side Salad